

Supporting children experiencing loss in their lives.

Family Equip

2 Rollswood Drive

Solihull B91 1NL

Working in partnership with -Shine Youth, The Family Support Centre Shirley and local churches.

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The next series of Lost and Found Junior for primary children ages 7-11 who are living with a single parent or in a step-family, will start on JANUARY 8TH 2012 6.15-7.30pm at The Bridge, Shirley. There will be 12 sessions including 2 longer "party" sessions. The children get the most benefit from the series by attending all the sessions.

If your family has suffered loss through the death of a parent or parents' separation, the Lost and Found group is here to support you. As you will know, major loss has a profound effect on people and each person in a family responds differently.

Children who have attended the support group previously have found it very helpful discovering that other children have experienced similar losses and that they can talk about issues that concern them in a safe place with adults and children who can identify with them. The group can be part of the process of helping each child develop ways to talk about and grow in their understanding of what has happened.

Each session covers specific topics including developing a positive self-image, exploring the effects of loss, how to handle fears and worries, managing anger and coping with change. There are a variety of activities each week. These include games, crafts, songs, relevant stories and time to think. Children from past groups have found it helpful, great fun and don't want it to end!

We only have a small group of children so places are limited. We have a high ratio of facilitators to children. All our facilitators are trained, caring volunteers who can identify with the children's losses. They are from local churches and are committed to working with and supporting children who are suffering loss.

There will also be an informal support group for any parent who would like to stay and chat while the group is on.

If your child would like to attend and you are happy about that, please send the child's reply slip including parental consent as soon as possible to Mrs Hannah Rose, Family Equip, 92, Dovehouse Lane, Solihull, B91 2EG.

Hannah Rose

Lost and Found Junior Co-ordinator

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Charity Registration No: 1112769 Company Registration No: 5596057